Life Fitness Service Kit Instruction (GK61-00002-0008) HOW TO... REPLACE ROCKER ARMS

Tools required: Snap ring pliers, 3/8 Socket set, and Standard wrench set

Step 1

Unplug the unit at the electrical outlet.

Step 2

Raise the boot covers on the upper arms then remove three mounting bolts from each upper arm.

Step 3

If equipped, remove the clevis covers.

Step 4

Remove the nut and bolt securing the PEDAL LEVER to the ROCKER ARM, and lower the pedal lever.

Step 5

Remove the END CAP and internal snap from the rocker arm.

Step 6

Remove the rocker arm.

Step 7

Install the new rocker arm in reverse order.

NOTE: For units without clevis covers, plug the square holes in the bottom of the rocker arms with the supplied plugs.

NOTE: For units with clevis covers, insert the nylon grommets (nuts) as supplied, then install clevis covers.



